



True Blue Grille

“Made to Order,
Customizable Cuisine”

11:45 am - 1:15pm

Made to Order Monday – Thursday:

All of the following can be made with: (Please specify your meat choice. All are served on 5” round roll unless you specify.)

Beef Burger, Chicken Burger, Fried Chicken, Grilled Chicken, Boca Burger, Portabella, Deli Turkey, Tofu, Hummus or Salmon Filet

- The Buffalo**
Coated in Hot Sauce & Topped w/ Bleu Cheese & Celery Salt
- The Parmigiana**
Topped w/ Marinara, Provolone & Parmesan Cheese
- The T.S.S. (Tower Signature Sandwich)**
Topped w/ Monterey Jack, Lettuce, Tomato, Pickle, Frizzled Onions & Special Sauce
- The Roadhouse**
BBQ Sauce, Bacon, Cheddar, Frizzled Onions, Lettuce, Tomato & Pickle
- The Maui Wowie**
Teriyaki Sauce, Avocado, Cucumber & Fresh Pineapple
- The Italiano**
Melted Provolone, Roasted Garlic Aioli, Sautéed Red Onions & Pickled Peppers w/ Parm Cheese
- The Nacho**
Pico de Gallo, Cheddar, Avocado, Lettuce, Tomato, Cholula Ranch & Tortilla Strips
- The Bistro**
Swiss Cheese, Remoulade Sauce, Bacon, Lettuce, Tomato & French Fried Potatoes
- The California**
Avocado, Lettuce, Tomato, Red Onion, Mayo
(Cheese upon request)
- The French Pig**
Bacon, Brie & Caramelized Onion on Sourdough
- The Chipotle**
Chipotle BBQ, Monterey Jack, Fried Tortilla, & Pico de Gallo
- The Ciao**
Fresh Mozzarella, Marinated Roasted Tomato & Pesto on a Sourdough Panini
- Blue Bayou**
Cajun Seasoning, Blue Cheese Crumbles & Shallot Marmalade
- The Kamikaze**
Avocado, Red Onion, Cucumber, Wasabi Mayo & Swiss Cheese

Specialty Items

- The Hungover Sammy**
Peanut Butter, Local Honey, Banana, Bacon on Grilled Sourdough
- The Salmon Rushdie**
Grilled salmon w/Kachumber (Cucumber Salsa), Masala Spices & a Curried Yogurt Sauce on Naan
- True Blue Burger**
Angus Beef Burger, Swiss, Brie, Fried Egg, Tomato Jam & Frizzled Onion
- The Tower Classic**
Choice of Beef or Vegan Burger w/ Cheddar, American, Lettuce, Tomato, Onion, Pickle Topped w/ Waffle Fries & T.S.S. Sauce
- The Chicken Finger BLT**
The Name Says It All. Served on a Hoagie Roll w/ Buffalo Mayo *(Cheese upon request)*
- Hummus** (choice of Traditional or Black Bean) w/ Pita & Hot Sauce
- Tower-ing Nachos**
Choice of Grilled Chicken, Cheese Sauce, Pico de Gallo, TSS, Queso Fresco & Avocado
- Tower Smoothie of the Day**
Please see menu in window
- The Buddha (The Awakened One)**
Fried Egg Sandwich w/ choice of Bacon, Turkey Sausage, Ham, Taylor Ham, American, Swiss, Provolone, Cheddar & Monterey Jack
- Salmon Burger**
Hoisin Glaze, Avocado Salsa & Sriracha Mayo
- The Tower Club**
Choose: Turkey, Tuna, Chicken Salad or Grilled Chicken
With Lettuce, Tomato, Bacon & Buffalo Mayo Served in the Classic Club Style
- The Cajun Chicken Sandwich**
Grilled Chicken w/Monterey Jack Cheese, Lettuce, Tomato & Remoulade Sauce
- The Irish Rover (Jim’s Favorite)**
Fried Egg & American Cheese BLT on a Whole Grain Bagel w/ Chipotle Mayo
- The Cheese Royale**
Brie, Swiss, Provolone, Cheddar & Frizzled Onions on Sourdough Panini
- The Frog**
Bacon, Brie & Raspberry Jam on a Croissant, Lightly Grilled
- Hummus Nachos**
Hummus, Tortilla Chips, Pico de Gallo, Avocado, TSS & Queso Fresco
- Pizza** **(Tues, Wed, Thurs only from 11:45 – 1pm)**
Pepperoni, Plain, Mushroom, Special of the Day
- True Blue-aidilla**
Monterey-Jack, Cheddar, Pico de Gallo, Frizzled Onions on a Tortilla Served Quesadilla Style w/ Cholula Ranch & Chipotle BBQ
(Add chicken upon request)
- The Falafel Burger**
House-made Falafel, Lettuce, Tomato, Red Onion, Oregano Vinaigrette & Curried Yogurt Sauce on a Grilled Pita
- The Furstenberg-er**
Smash beef burger or Veggie burger w/American Cheese, Lettuce, Tomato & Furstenberg-er Sauce
- Southwest Salad**
Romaine, Monterey Jack & Cheddar Blend, Pico de Gallo, Cucumbers, Red Onions, Avocado, Tortilla Strips & Cholula Ranch
(Add chicken upon request)
- The Cali Dog**
All Beef Dog or Vegan Dog on Toasted Roll w/ Lettuce, Avocado, Tomato, Red Onion & Chipotle Mayo
- Das Güd**
Grilled Chicken, Black Forest Ham, Havarti Cheese, Lemon-Dill Aioli & Over-Medium Fried Egg Served Panini Style on Sourdough
- The Mockingbird**
Vegan “Chicken” Patty on Bun w/ Lettuce, Tomato, Onion, Pickle & Honey Mustard BBQ
- The “Queenie” Bowl (Lunch Only)**
Organic Acai & Banana Base, Fruit & Granola
- The Tower Bowl (Dinner Only)**
Choice of Protein, Rice, Black Bean, Roasted Corn, Avocado & Pico de Gallo
- The Millennial**
Sourdough Toast, Avocado, Everything Bagel Seasoning & Over-Medium Fried Egg

Made to Order Daily: The Tower Deli/Panini

CHOOSE: Italian • Turkey • Ham • Tuna Salad • Chicken Salad

Pick your BREAD:

- Focaccia Roll
- Sourdough
- Brioche Roll
- White
- Wheat
- Pita
- Tortilla Wrap
- Naan

Pick your CHEESE:

- Swiss
- American
- Provolone
- Cheddar
- Monterey Jack
- Pepper Jack
- Bleu

Pick your GARNISHES:

- Lettuce
- Tomato
- Onion
- Mayo
- Pesto
- Mustard
- Oil
- Vinegar
- Salt
- Pepper
- Oregano
- Pickles
- Hot Peppers
- T.S.S. Sauce
- Buffalo Mayo
- Cholula Ranch
- Chipotle Mayo
- Chipotle BBQ
- Dijonnaise
- Remoulade