



True Blue Grille

All of the following can be made with: Beef Burger, Turkey Burger, Fried Chicken, Grilled Chicken, Boca Burger, Portabella, Deli Turkey, Tofu, Hummus & Salmon Filet.

(Please specify your meat choice. All are served on 5" round roll unless you specify.)

These menu items served 11:45 - 1:15 Monday through Thursday:

- **The Buffalo**
Coated in Hot Sauce & Topped with Bleu Cheese & Celery Salt
- **The Parmigiana**
Topped with Marinara, Provolone & Parmesan Cheese
- **The T.S.S. (Tower Signature Sandwich)**
Topped with Monterey Jack, Lettuce, Tomato, Pickle, Frizzled Onions & Special Sauce
- **The Roadhouse**
BBQ Sauce, Bacon, Cheddar, Frizzled Onions, Lettuce, Tomato & Pickle
- **The Maui Wowie**
Teriyaki Sauce, Avocado, Cucumber & Fresh Pineapple
- **Jamaican Me Hungry Mon!**
Jerk Seasonings, Orange-Ginger Mayo, Pineapple-Tomato Salsa
- **The Nacho**
Salsa, Cheese Sauce, Sour Cream & Tortilla Strips *(Please specify with or without avocado)*
- **The Bistro**
Swiss Cheese, Remoulade Sauce, Bacon & French Fried Potatoes
- **The California**
Avocado, Lettuce, Tomato, Red Onion, Mayo *(Cheese upon request)*
- **The Santa Fe**
Monterey Jack, T.S.S Sauce, Picode Gallo, Lettuce



Specialty Items

- **The Buzzard**
Hot BBQ Turkey on Toasted Roll w/ Cheese Sauce, Lettuce, Tomato, Pickles, Onion Rings
- **The Salmon Rushdie**
Salmon, Masala, Cucumber, Kachumber(salsa), Yogurt on Naan Bread
- **The Rover Dog**
All Beef Hot Dog Wrapped in Bacon w/ Onion, Spicy Mustard, Mont Jack Cheese Sauce & Topped w/ Waffle Cut Fries
- **The True Bleu Brisket Burger**
Brisket Burger w/ Monterey Jack, Provolone, Lettuce, Tomato, Onion, T.S.S. Sauce, Buffalo Mayo & Fried Pickle Garnish
- **The Tower Classic**
Choice of Beef or Vegan Burger w/ Cheddar, American, Lettuce, Tomato, Onion, Pickle. Topped w/ Waffle Fries & T.S.S. Sauce
- **The Chicken Finger BLT**
The name says it all. Served on Hoagie Roll w/ Buffalo Mayo
(Cheese upon request)
- **Hummus**
(choice of traditional or black bean) with Pita & Hot Sauce
- **Tower-ing Nachos**
Choice of Grilled Chicken, Cheese Sauce, Pico de Gallo & Sour Cream
- **The Cobb**
Grilled Chicken, Avocado, Red Onion, Tomato, Hard Boiled Egg, Blue Cheese Crumbles & Vinaigrette in Whole Wheat Wrap
- **The Buddah (The Awakened One)**
Fried Egg Sandwich with choice of Bacon, Turkey Sausage, Ham, Taylor Ham, American, Swiss, Provolone, Cheddar & Monterey Jack (please specify)



Specialty Items (cont'd)

- **Pizza** (Tues, Wed, Thurs only from 11:45 - 1pm)
Pepperoni, Plain, Mushroom, Special of the Day
- **The Tower Club**
(Turkey, Tuna, Chicken Salad, Grilled Chicken Please specify) Lettuce, Tomato, Bacon & Buffalo Mayo served in the classic club style.
- **The Cajun Chicken Sandwich**
Grilled Chicken w/Monterey Jack Cheese, Lettuce, Tomato & Remoulade Sauce
- **The Irish Rover (Jim's Favorite)**
Fried Egg & American Cheese BLT on Whole Grain Bagel w/ Chipotle Mayo
- **Who Grilled the Cheese?**
American, Swiss, or Cheddar on Choice of Bread *(Served on white unless otherwise specified)*
- **Tower Grinder**
Your choice of Turkey, Italian, Tuna, Portabella on Hoagie Roll baked in the oven & topped w/Lettuce, Tomato, Onion, Oil & Vinegar, Salt, Pepper, Oregano. Hot Peppers upon request.
- **T3 (Tower Turkey Tortilla)**
Turkey, Pepper Jack, Cheddar, Black Bean Hummus, Pico de Gallo, Red Onion, Lettuce, Chipotle Mayo, Avocado
- **Tower Smoothie of the Day**
(see menu in window)
- **The Frog**
Bacon, Brie, Raspberry Jam on Croissant, Lightly Grilled
- **The Tower Steak & Cheese**
Philly Style Cheesesteak wit Fried Onions & Cheese Sauce



Menu items served 11:45 - 4:00 Daily:

The Tower Deli/Panini (made to order)

Italian • Turkey • Ham • Tuna Salad • Chicken Salad

Hoagie Roll, Seeded Roll, White, Wheat, Rye, Tortilla Wrap or Naan
Swiss, American, Provolone or Cheddar

Lettuce, Tomato, Onion, Mayo, Pesto, Mustard, Oil, Vinegar, Salt, Pepper, Oregano,
Pickles, Hot Peppers, T.S.S. Sauce, Buffalo Mayo, Remoulade, Chipotle Mayo

**** At top of page please specify your protein choice. If you do not want protein write "no protein." If you want your deli sandwich on the panini grill write a large "P" on your ticket & circle it.***



True Blue Grille

The Tower Deli/Panini

Made to order sandwiches:

Italian

Turkey

Ham

Tuna Salad

Chicken Salad

Hummus

Choose:

- ✓ Hoagie Roll, Seeded Roll, White, Wheat, Rye, Tortilla Wrap or Naan
- ✓ Swiss, American, Provolone or Cheddar
- ✓ Lettuce, Tomato, Onion, Mayo, Pesto, Mustard, Oil, Vinegar, Salt, Pepper, Oregano, Pickles, Hot Peppers, T.S.S. Sauce, Buffalo Mayo, Remoulade, Chipotle Mayo

****At top of page please specify your protein choice. If you do not want protein write "no protein." If you want your deli sandwich on the panini grill write a large "P" on your ticket and circle it.***